

BREATHE  
.....  
KEEP GOING

# living

MAGAZINE

NOVEMBER 2023  
.....  
CITY/COUNTY

+  
SPECIAL FEATURE  
/ *best of*  
STORIES



## CREATING BEAUTY, ART, AND SCIENCE

*Award-winning Body BeneFits Medspa*

houst text  
HOUSE TEXT

house text  
HOUSE TEXT

house text  
HOUSE TEXT



GET TO KNOW **best of** WINNER

# BODY BENEFITS MEDSPA



Sherry Summers-Ball is a 24-year pioneer in the aesthetic services industry, founding member of the Texas MedSpa Organization, and a savvy entrepreneur. As the hands-on owner of award-winning Body BeneFits, Sherry's brought many breakthroughs in aesthetic services to The Woodlands.

Last month, Sherry unveiled something new to the public – her stunning abstract artwork. Featured in a solo art exhibition sponsored by Redfish Capital, Sherry sold 12 of her original pieces. Earning over \$4,000 from her first and unplanned art exhibit enabled Sherry, an animal lover, to donate \$2,000 to local animal shelters.

"I started painting when I realized art is the only way you can run away without leaving home," Sherry says. With finished works piling up, she began hanging them in the office and received many compliments. "I was painting just for me, not to sell, but people seemed to really like the artwork. When it caught the eye of one of my client's friends, he suggested an art show. I thought, why not?"

The exhibit came together quickly and the show was a great success. "It was lots of fun for me and for our clients, and we made new friends and clients," Sherry says. "Creating art is a great way for me to unwind and enjoy time away from the business thoughts 24/7. I started a new Facebook page called Summers-Ball Art for those interested."

Creating artwork is also a wonderful way for Sherry to channel the artistry performed at Body BeneFits every day.

## THE ART OF BEING VOTED THE BEST MEDSPA

Body BeneFits stays at the forefront of the field and provides an impressive range of services, but it requires more than a long list of procedures to be voted one of the best. It takes an innate gift of artistry and up-to-date staff training and equipment along with experience to create the beautiful and natural-looking results Sherry and her team deliver. Genuine caring for their clients, a commitment to helping them achieve their goals, and building close relationships are additional reasons why people love Body BeneFits and become loyal clients.

"We have an amazing team, including Brandi, our nurse practitioner with 22 years of combined experience as an ER nurse and an advanced cosmetic injector," Sherry says.

"Being in the medspa business for 24 years, I've seen new cookie-cutter, low budget, repetitive services try to take the entrepreneur market, but we know aesthetic services inside-out. We customize with medical-grade skincare and FDA-cleared equipment for corrective treatments and offer the best value with medical staff and current devices at Body BeneFits. We truly enjoy the long-lasting relationships we develop with our clients," says Sherry.

Being in the medspa business for 24 years, I've seen new cookie-cutter, low budget, repetitive services try to take the entrepreneur market, but we know aesthetic services inside-out. We customize with medical-grade skincare and FDA-cleared equipment for corrective treatments and offer the best value with medical staff and current devices at Body BeneFits. We truly enjoy the long-lasting relationships we develop with our clients



BY ANNETTE BROOKS PHOTOS BY CHRIS SPICKS PHOTOGRAPHY

## YOUR DESTINATION FOR BEAUTY AND WELL-BEING

Services include dermal fillers, Sculptra and Botox, laser skin rejuvenation, skin tightening, sun/brown spot removal, laser hair removal, red light therapy, teeth whitening, and skincare treatments like HydraFacial. Advanced noninvasive body-slimming and weight loss include CoolSculpting and Cooltone.

Wellness options are also available, from Biote Hormone balance, supplements IV vitamin infusions to the BTL Emsella chair, which helps stop embarrassing bladder leaks, and a full PEMF (pulsed electromagnetic fields) mat, which helps reduce pain and inflammation Or restore wellness with Mild Hyperbaric Oxygen Therapy, which increases oxygen and blood flow, resting energy expenditure, and aids healing. It can help improve feelings of depression and anxiety.

## TWO POWERFUL TECHNOLOGIES, STUNNING RESULTS

One of Body BeneFits' sought-after new services combines two advanced technologies, Sciton's BBL Hero and Moxi

laser, during a single treatment session. You won't believe the results in half the time!

BBL Hero's broadband light addresses hyperpigmentation, melasma, sun damage, acne, rosacea, and more. Advanced cooling technology keeps treatments comfortable. Following BBL Hero, Moxi, a gentle yet powerful fractionated, non-ablative laser improves your skin's overall tone and texture and reduces signs of aging. This powerful combo helps delay the appearance of aging and maintains beautiful, youthful-looking skin year-round. "We can treat red cherry angiomas, rosacea, broken capillaries common around the nose and cheeks, hair removal, and much more!" Sherry explains.

## YOU DESERVE THE BEST

Discover why clients love Body BeneFits and give them rave reviews. Relax in the calming atmosphere. Let them help you look and feel refreshed and rejuvenated. Visit BodyBenefitsWoodlands.com for more information and follow them on Facebook and Instagram. Ask for a holiday gift certificate!

## VOTED #1 MEDSPA 14 YEARS IN A ROW

Body BeneFits has received numerous awards and accolades, including WoodlandsOnline.com awards, being recognized on RealSelf.com as a Top 5% Most Loved Nurse Injector in the nation, and multiple Best Of Living Magazine Readers' Choice awards. Body BeneFits was once again voted 2023 Best Medspa in The Woodlands! Sherry extends her sincere thanks and heartfelt gratitude to their loyal clients and to those who voted for Body BeneFits and helped donate to animal shelters.



MEDSPA

4840 WEST PANTHER CREEK DRIVE, SUITE 100 • THE WOODLANDS, TEXAS 77381

(281) 292-8882 • BODYBENEFITSWOODLANDS.COM